

FREE Injury Prevention Session-  
Telehealth or Onsite!

CERTIFICATE  
*of* AWARD

| 2021 ASSP Northwest Chapter Virtual PDC

ISSUED BY | PDRWorks & ASSP Northwest

DATE | 2.9.2021

| Contact Tyler Lowthian at (952) 908-2589 or [TylerL@PDRClinics.com](mailto:TylerL@PDRClinics.com) to schedule your FREE Onsite Therapy or Telehealth Appointment! All services rendered under OSHA First Aid Guidelines, avoiding recordable & lost time.

## **Congratulations!**

Onsite first aid therapy for musculoskeletal soreness/pain help aid in the early detection and prevention of injuries which can take the employee out of work to seek care. Onsite therapy will reduce time away for employees seeking treatment, reducing absenteeism, and improving productivity. We can help your employee recover quickly through onsite OSHA First Aid Guidelines (taping, ice/heat, soft supports, soft tissue work, ergonomic evaluation, stretching, etc.), while avoiding the recordable and lost time. All PDRWorks onsite therapists are licensed Occupational Therapists also certified in Ergonomics.

With our services, you gain access to clinical expertise to address soreness, aches and pains related to their job. Employees can discuss symptoms and receive guidance to reduce those symptoms through self-care, or injury care recommendations. Our specially trained clinic team can provide workstation modification, assess proper fit, recommend neutral posture, and address questions/concerns.

### **Choose one service of your choice:**

#### **MobileWorks (On-Demand) Therapy**

This service brings a therapist to your location to work one-on-one with an employee experiencing soreness and/or discomfort. A walk through of the employee's work area is also included to screen for aggravating motions or job tasks that can be modified to reduce further injury or soreness.

#### **Telehealth**

This service provides a virtual visit for your employee with soreness and/or discomfort from their home office or workstation, or a remote location.

**To claim your service: Contact [TylerL@PDRClinics.com](mailto:TylerL@PDRClinics.com) or call (952) 908-2589**

### **COVID-19 Safety Notice**

*PDRWorks and its Therapists adhere to the safety precautions advised by both the CDC and Minnesota Department of Health. PDRWorks and its Therapists will also adhere to your company policies and procedures in the prevention of COVID-19.*

