



**NORTHWEST  
CHAPTER**

## August Newsletter

- Upcoming Events
- Other Topics
- Career Opportunities

### Upcoming Events

#### **Sprains and Strains: R.O.I. Through Ergo A.I.**

September 12, 2023

8:30am-10:30am

[Register Here](#)

No matter the industry, safety is always a struggle. Sprains and strains have been at the top of the list for all employers for many years. But there are new ways to addressing safety risks AND to proactively mitigating them. Join us for a 2-hour live session whether you are new to safety or you need a refresh on your safety best practices and learn about resources and solutions that can help your employees long-term. Attendees will walk away understanding:

- How to address #1 loss driver in all industries – Musculoskeletal Injuries
- Importance of addressing ergonomics and performing risk assessments in the workplace
- Using TuMeke (an AI Ergonomics Assessment tool) to identify and rank riskiest activities
- Address risks by implementation of a wide variety of controls (Engineering, Administrative, PPE)

**Offered at Marsh McLennan Agency:** 6160 Golden Hills Dr Minneapolis, MN 55416

**Agenda:**

8:30am – Registration/Breakfast

9:00am – 10:30 am – Presentation

2.0 HRCI and SHRM credits will be offered

**Speakers:**

- Lindsey Hanson, CSP, CHST, MEHS, Certified Intrinsic Coach ©  
Director, Safety Consulting Services
- David Rumsey, CSP, CRM, Senior Safety Consultant

Register here: [Sprains & Strains: R.O.I through Ergo A.I. – ASSP Northwest Chapter](#)

## Other Topics

### EHS Professionals Gather for Annual Summer Boat Cruise

An annual summer tradition continued on August 3rd when the Summer Boat Cruise for EHS Professionals took place. The event; co-hosted by the MN

Safety Council, the Upper Midwest Section of AIHA, the Northstar Chapter of AHMP, and the ASSP Northwest Chapter - was a "Sell Out" with 103 people gathering for an afternoon of food, drink, music, and lots of networking as we cruised up the Mississippi River in St. Paul, MN with Padelford Riverboats. A very special thanks goes out to all the companies that made this event possible by joining in as Cruise Sponsors:

3M Personal Safety Division, Airgas, AP Safety Training, Atlas Technical Consultants, C.H.E.S.S., Cintas, Cirrus Aircraft, Ergodyne, Grainger, Hilmerson Safety, IEA Safety, J.J. Keller & Associates, Midwest Center for Occupational Safety & Health, Minnesota Safety Council, Minnesota Occupational Health, On-Site Solutions PT, PMG Safety, Red Wing Shoes, RESA Power, RiskTalk, SFM Mutual Insurance, The Builders Group, U.S. Compliance, and Walman Optical Safety Eyewear. An extra-special "Thank You" to Stuart Farquharson and David Press from RiskTalk who are from Australia! They were in the States for some other events, and modified their plans to come to St. Paul and be part of the Summer Cruise.

With a cruise theme of "Rockin' the River", we were treated to Cruise Coordinator, Scott Huberty's rendition of Prince! His "air guitar" couldn't quite match the sound of the real Prince's guitar... We also had a special event this year with live music during the cruise from local musician/performer Robert Elwood. We had a lot of fun enjoying his musical selections from the 60's, 70's, 80's, and recent decades. His rounds of music trivia was a special treat, and five of our music-savvy Guests won Caribou Coffee gift cards and Red Wing Shoes ball caps for their correct answers. Towards the end of the cruise we had a drawing of completed bingo cards that Cruise Guests completed for "Sponsor Bingo". Prizes and prize winners were: Chanhassan Dinner Theatre Gift Certificate - Matt Monjes, Ordway Theatre Gift Certificate - Terry Weston, MN State Fair Admission Tickets - Dylan Floersch, Target Gift Card - Caylin Crawford.

Plans are already underway for a cruise next year!



**Northwest Chapter Joins GLASH for a Lakeside Meet-Up**

On Thursday afternoon, August 10, the Northwest Chapter joined forces with the Greater Lakes Area Safety and Health Council (GLASH) to host a networking Meet-Up for members of these groups. The event took place at a delightful Alexandria venue called "The Lure" and was a great opportunity for EHS Professionals in that area to come together. For those Attendees that did not know much about the ASSP and Northwest Chapter, there was a brief program and printed materials that helped with recruiting efforts. A special recognition was given to Catie Hillard, one of the Northwest Chapter's newest members, who traveled all the way from Rapid City, SD to participate! Keep your eyes open for future Northwest Chapter Meet-Ups. Who knows, there may be a future event in your area...





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### **Chapter Board Meetings - Guests Invited!**

Did you know your Northwest Chapter Board meets monthly to manage Chapter affairs? These meetings usually take place prior to the regular

monthly programs – from 10:00 to 11:15 AM and are open to all Members. It is possible to attend these meetings in person or via a special Zoom conference call. Observing these meetings is a great way to get an inside look at what it takes to be an ASSP “Platinum Chapter”. It is also a good way to learn more about the various Chapter leadership positions and get involved!

If you have never been to a Board Meeting and want to check it out, come early to the location for the monthly Chapter Program and join us. If you want to attend the Board Meeting via Zoom, please contact a member of the board to get a unique login credentials for the Zoom meeting.

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### **Mentorship Corner: Need Some Help or Do You Want to Help?**

Sometimes, ASSP members encounter difficult matters that transcend and/or may lie outside the professional literature, their coursework, and experience. The chance to discuss creative solutions and resources (on a confidential basis), with a Chapter mentor can often be helpful.

On the other side of the coin, seasoned professionals, in their roles as mentors can gain significant benefit from knowing that they have helped a mentee negotiate a difficult challenge, and have had a positive impact on the safety and well-being of employee groups connected with their mentee’s workplace, and (possibly) that organization’s customers and the wider community, as well.

We invite you to explore such opportunities.

### **Career Opportunities**

Looking for a new career opportunity? Be sure to check out the Northwest Chapter Jobs Page on our [website](#). There are a number of recent postings, so you'll want to check it out if you haven't been there for a while!



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