



NORTHWEST
CHAPTER

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UPCOMING EVENTS

MARCH CHAPTER MEETING

Join us for our March 2019 meeting as Ergodyne is again generously opening their award winning workspace to our Chapter!



Topic: Biopsychosocial Approach: Innovative Care Solutions for Comprehensive Worker Health

March 12 | 11:30 am - 1:30 pm

Ergodyne | 1021 Bandana Square, St. Paul, Minnesota, 55108

This presentation will highlight the real-world impact of treating the whole person/worker with same objective getting them back to their lives/work. Data will be provided on outcomes experienced by the speaker. Strategies for

training personnel on ergonomics and health data to decrease absenteeism will be discussed with case studies.

Speaker: Todd Ginkel, D.C.



Dr. Ginkel is the Founder and CEO of Physicians' Diagnostics Rehabilitation Clinics (PDR Clinics). He received his chiropractic and acupuncture training from Northwestern College of Chiropractic in 1990 and graduated from Russian State Medical University in 1996. Dr. Ginkel received further training at the University of California, San Diego, Department of Orthopedic School of Medicine in 1993; and the University of Florida, Colleges of Medicine and Health and Human Performance in 2001. He is a certified acupuncturist and has lectured to medical audiences on many topics related to the non-operative management and rehabilitation of spinal disorders. Dr. Ginkel is a member of the American Back Society. He has served on Institute for Clinical Systems Improvement (ICSI) task force for acute and subacute lowback pain, and MN Community Measurement's Lumbar Spine Surgery Measure Development Work Group. Dr. Ginkel is also a member of the Board of Trustees for Northwestern Health Sciences University.

[REGISTER HERE](#)

Joint MARCH Meeting of ASSP, AIHA, AHMP and MAOHN: The TEAM Approach

Co-sponsored with Minnesota Safety Council and Midwest Center for Occupational Health and Safety



Topic: Why Do We Sleep? What Happens When We Don't Get Enough?

Lack of sleep is a problem that has, in the past, gone largely unaddressed. Dr. Paul Nystrom will discuss the importance of sleep and why it is so crucial to our health and safety - on the job, on the road and at home.

March 6 | 11:30 am - 1:30 pm

Grumpy's | 2801 Snelling Avenue, Roseville, Minnesota, 55113

Join the "Team" for this once a year event!!

[Event and Registration Details Here](#)

NORTHWEST CHAPTER PDC RECAP

YOU BRAVED MINNESOTA'S WINTER WONDERLAND AND HELPED MAKE THE NORTHWEST CHAPTER 2019 PDC A SUCCESS!!

The 2019 PDC (Professional Development Conference) was held on February 12, 2019 at a new venue. The Northwest Chapter hosted the event at the Mystic Lake Event Center in Prior Lake, MN. As usual the weather did not cooperate fully, especially for the students out of the University of Wisconsin-Stoudt program and a few others. The PDC had over 200 attendees with over 30 vendors. One speaker did not make it to Minnesota, however we were able to host a webinar format for that speaker during their allotted time. The PDC had the likes of two keynote speakers with Michael Melnik MS-OTR with his new "Energized Approach" presentation and then we featured Dr. Tim Ludwig speaking on "Dysfunctional Practices That Can Kill Your Safety Culture."

The PDC featured other speakers such as Adele Abrams, Esq., Bruce Campbell, Joe Schommer, Mellissa Gill DPT, Mick Hannafin, Terry Keenan, Paul Serafini, Jim Canfield, Mirtha Perazza, Aaron Dean, Abby Ferri, and Mark Lenling.



The PDC also featured the current ASSP NW Chapter President Kurt VonRueden and ASSP President-Elect Diana Stegall. We also had Rick Pollock present at the conference. Rick is a past President of ASSP. The Northwest Chapter has featured many individuals in varying leadership roles within society at ASSP and we are proud to have Diana Stegall as our next President of ASSP. The Northwest Chapter will support Diana in her leadership endeavors.

The PDC had student representatives from University of Wisconsin-Stout and the University of Minnesota-Duluth safety programs. The Northwest Chapter uses the profit from this PDC to support our future Safety and Health Practitioners and some of the recent graduates are now in leadership roles within ASSP at varying levels. The Northwest Chapter is proud to support the three universities in our chapter territory.

The PDC is so grateful for the support of our sponsors and exhibitors and we hope to again expand and grow the PDC to one of the best events in the region. If you would like to be a part of the planning committee or have any feedback (Good or constructive), please e-mail us at pdc@northwest.assp.org and we will do our best to use your talents. The PDC received tremendous support from Chris Western and the University of Minnesota by assisting the chapter in issuing CEU's for the event. Our PDC Committee needs to be recognized as well, we are all volunteers at ASSP and we could not have a successful PDC without a good planning committee. The PDC did learn about a few things we would like to improve upon in 2020 and as always, feedback is welcome at the e-mail listed before this message.

We want to extend our sincere thanks and appreciation to the many sponsors and exhibitor partners who supported the Northwest Chapter 2019 Professional Development Conference!!!

Thank You Conference Sponsors!

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Bronze Sponsor

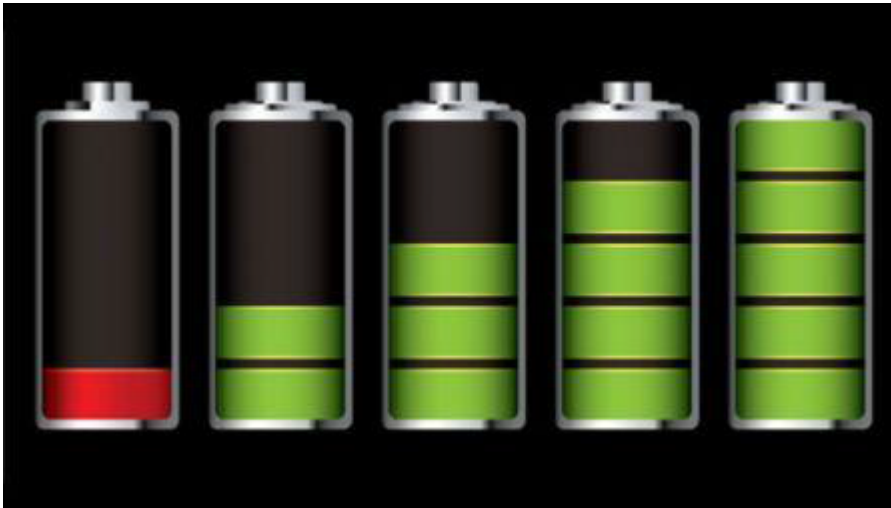


Thank You Conference Exhibitors!



PRESIDENT'S MESSAGE

Time to Recharge Your Battery- Attend a Professional Development Conference (PDC)



I hope you got a chance to attend the NW Chapter ASSP Professional Development Conference (PDC) on February 12th at Mystic Lake Conference Center. We had excellent keynote speakers to get you motivated, exhibitors providing product and service solutions, and many topic presentations that gave the attendees the information and tools to be even a more effective Safety & Health Professional. Special thanks go out to our sponsors who make it possible to even have this annual event. Our new venue at Mystic Lake was fantastic and we received a lot of great feedback from many of the 240 folks who were there- what a beautiful new facility and many of us are looking forward to future conferences being held there, including the MN Safety & Health Conference in May. Being part of this annual event gets me more motivated, excited, and recharges my battery as a Safety & Health Professional!

Speaking of recharging your battery, many of my peers tell me that when they attend any Safety & Health Conference, they leave the event much more energized than when they arrived at the conference. Attending a PDC really does recharge your battery! Why does this happen? It happens because you are surrounded by hundreds or even thousands (Safety 2019) of Safety & Health Professionals who come from different sizes of companies, industries, regions, and levels of experience who all share the similar goals and are looking for the same outcome- to grow and develop in a way that make us better Safety & Health Professionals. This energy is very powerful and when the event is over, you can't wait to get back to your job and use this energy

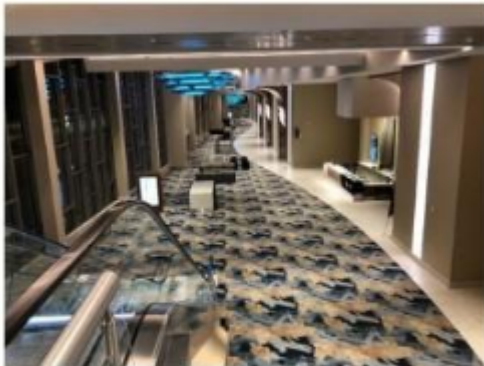
that recharged you. And did I mention the networking, technical knowledge gained, and sharing of best practices that you can only get at a PDC event?

If this all sounds good to you and you have not attended or recently attended our NW Chapter ASSP PDC or the annual Society PDC, then I highly recommend that you go to one of these events and get re-energized. We will see you at Safety 2019 in June in New Orleans and next February at our 2020 NW Chapter ASSP Professional Development Conference- **GO GET 'EM!**

Respectfully,

Kurt VonRueden, CSP, CET, SMS

Chapter President



Mystic Lake Conference Center- site of 2019 NW Chapter PDC Event



NW Chapter ASSP Delegates at Safety 2018 in San Antonio. L to R: Jamison Harrell-Latham, Kurt VonRueden, John Urban, Abby Ferri

MEMBER UPDATES

From the MN Department of Labor and Industry - Feb. 5, 2019

Leppink announced as agency commissioner

The Walz-Flanagan Administration announced Nancy Leppink as the Minnesota Department of Labor and Industry's (DLI) commissioner-designee.

She is expected to begin in March 2019.



Kristin Batson is currently serving as DLI's acting commissioner until Leppink can begin her appointment.

Leppink previously represented DLI as an assistant attorney general and then worked as the agency's general counsel from 1999 to 2009. After 24 years in state service, she was appointed by the Obama Administration to be the deputy administrator of the Wage and Hour Division of the U.S. Department of Labor and led the division as its acting administrator.

Since 2014, Leppink has served as a branch chief for the International Labour Organization, in Geneva, Switzerland. She was responsible for its international work to assist the governments and the employer and worker organizations of its 187 member states to improve their labor administration, labor inspection and occupational safety and health capacities.

NEWS & RESOURCES

REMINDER - MARCH DEADLINES ARE APPROACHING FOR THE FOLLOWING SCHOLARSHIPS!!!

The **Northwest Chapter of ASSP** is once again pleased to announce its **2019 Student Scholarship!** Multiple Scholarships totaling **\$4000** will be made available for students pursuing a graduate degree in Master of Science in Risk Control at University of Wisconsin-Stout, Master of Environmental Health & Safety at the University of Minnesota-Duluth, and Master or Doctorate in Public Health or an Occupational Safety, Health, or Environmental field of study at the University of MN.

U.S Postal Service users must have their application postmarked by **March 6th, 2019** and last minute filers must deliver their application in person or as a **PDF file via email** no later than **4:30 pm CDT on March 8th, 2019**.

Attached is the application. Please follow the link below for more information and to access the application online.

<https://northwest.assp.org/student-scholarships/>



3M Occupational, Health & Safety Scholarship 2019 Announced

For the past 32 years, 3M has awarded scholarships to over 100 graduate students studying in the field of Occupational Health and Safety in the United States.

3M's Personal Safety Division (PSD) is pleased to announce the 2019 Occupational Health and Safety Scholarship Program. Three \$5000 scholarships will be awarded to qualified graduate students, studying in the US, to help pay for educational expenses. The three awardees will travel to the American Industrial Hygiene Conference and Exposition held May 20-22, 2019 in Minneapolis MN, USA. 3M PSD will provide airfare, accommodations for up to four nights, conference registration and a \$50.00 USD per diem per award winner.

Questions and scholarship applications will be accepted at psdtechnicalsupport@mmm.com. Applications are due by March 15, 2019.

The application form is available at <https://multimedia.3m.com/mws/media/1650240O/psd-ohs-scholarship-2019.pdf>

Working together for a safer, stronger future



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American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068