



July Newsletter

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PRESIDENT'S LETTER

Northwest Chapter Members,

I am honored to serve as your Chapter President and look forward to an exciting year ahead. For those I have not yet had the opportunity to meet, I have been an ASSP member since 2022, and my involvement has provided tremendous opportunities for professional growth, networking, and leadership development.

Over the past few years, I have had the privilege of serving the Northwest Chapter as an Advisory Member, Vice President, President-Elect, and now President. Professionally, I serve as the Environmental Health & Safety (EHS) Manager for Cub Foods stores throughout Minnesota and several Shoppers locations in Maryland. Before entering the retail industry, I worked as an EHS Manager in both the metal manufacturing and medical device manufacturing sectors.

As we begin a new chapter year, we have several exciting opportunities and events ahead:

- **Summer Boat Cruise is August 6** Join us aboard Padelford Riverboats for our much-loved Summer Boat Cruise. This year's theme is **Viva Las Vegas!** Enjoy an afternoon of networking, socializing, and fun with fellow safety professionals. You may even spot Elvis on board.
- **Chapter Meeting Bundle Discount** We're continuing to offer our popular meeting bundle program. For just **\$75 (in-person)** or **\$40 (virtual)**, members receive access to 7 chapter meetings throughout the year. The January Joint Meeting with UMS-AIHA and the February Professional Development Conference are not included in the bundle. Please remember that registration and attendance are still required to receive CEUs.
- **Flexible Meeting Options** We remain committed to offering both in-person and virtual meeting options. With our growing membership spread throughout the region, providing accessible learning and networking opportunities continues to be a priority.

Chapter Updates

We recently completed updates to our Chapter Bylaws. The revised bylaws are available on the Northwest Chapter website for member review.

We are also seeking volunteers for a few open positions:

- Government Affairs Chair
- UMD Student Section Liaison
- UW-Stout Student Section Faculty Advisor

If you are interested in serving in one of these roles or learning more about future leadership opportunities, please contact our Membership Chairs Scott Huberty and Mark Nichols.

Schedule Reminder

Please note that our September Chapter Meeting has been moved to **Tuesday, September 22** to avoid conflicts with the Labor Day holiday period. We look forward to seeing you as we officially kick off the chapter season.

Reminders:

- [Boat Cruise](#): August 6
- **Next Board Meeting**: August 11
- [Next Chapter Meeting](#): September 22

- **Meeting Bundle Special:** Take advantage of significant savings this Chapter season...coming soon!

Thank you for your continued support and engagement with the Northwest Chapter. I look forward to connecting with many of you throughout the coming year and working together to advance our shared commitment to safety excellence.

Megan Navarre

UPCOMING EVENTS

"Viva Las Vegas": The Summer Boat Cruise for EHS Professionals

This year's Summer Boat Cruise in St. Paul promises to be the best one yet with a special guest and program! With room for 120 people on the Jonathan Padelford, the event is closing in on a sellout, so make your registration right away and enjoy a wonderful afternoon on the Mississippi River with fellow EHS Professionals..

[Register here.](#)



September MNOSHA and Fed OSHA Update Meeting

Join us for our annual OSHA Update Meeting on September 22, 2026.

[Registration](#) will open up soon.

OTHER NEWS TO SHARE

Bylaws Approved

The Northwest Chapter Bylaws Committee and Board have been working to update and revise our bylaws, which serve as a guidance document for the chapter. Over a long, thoughtful, much edited, nine-month process, the Northwest Board approved the proposed bylaws at our May Board meeting. They were then presented to you, our members, for approval. The bylaws were passed by at least a 2/3 vote in favor and were formally accepted on

July 10, 2026 with the signatures of the Regional Vice President, Jim Nelson and the Area Director, Brenda Allard. You can find the bylaws on the ASSP NW Chapter website [here](#).

ENGAGEMENTS

Engagement at Career Days

The Northwest Chapter is engaging in career days at various high schools and at one college (Gustavus Adolphus) and we are currently seeking additional opportunities to get our message out, relative to the great careers available in EHS. Our mission is of dual nature: encourage students to participate in Chapter-affiliated college and university programs, such as those at Stout, UMD and U of M Minneapolis (via student section membership) and also raise the awareness of student counselors and faculty, about the opportunities in EHS. We welcome the participation of alumni of educational institutions within the Chapter - either as a source of referrals, and/or to directly participate in such events.

Member Get a Member Program

When a new full member lists a current member as their referring member in the membership application, the referring member gets the credit and is eligible for prizes at different thresholds. The prizes are outlined in the link below as well as a refer-a-friend tool with some suggested messaging to new potential members. Members typically refer their own colleagues, friends, and associates in safety to become members.

<https://www.assp.org/membership/member-get-a-member>

Chapter Board Meetings - Guests are Invited!

Did you know your Northwest Chapter Board meets monthly to manage Chapter affairs? These meetings usually take place prior to the regular monthly programs and are open to all Members. It is possible to attend these meetings in person or via a conference call. Observing these meetings is a great way to get an inside look at what it takes to be an ASSP "Platinum

Chapter”. It is also a good way to learn more about the various Chapter leadership positions and get involved!

If you have never been to a Board Meeting and want to check it out, come early to the location for the monthly Chapter Program and join us. If you want to attend the Board Meeting via conference call, please contact a member of the board to get a unique login credentials.

Mentorship Corner: Need Some Help or Do You Want to Help?

Sometimes, ASSP members encounter difficult matters that transcend and/or may lie outside the professional literature, their coursework, and experience. The chance to discuss creative solutions and resources (on a confidential basis), with a Chapter mentor can often be helpful.

On the other side of the coin, seasoned professionals, in their roles as mentors can gain significant benefit from knowing that they have helped a mentee negotiate a difficult challenge, and have had a positive impact on the safety and well-being of employee groups connected with their mentee’s workplace, and (possibly) that organization’s customers and the wider community, as well.

We invite you to explore such opportunities.

CAREER OPPORTUNITIES

Check out our [website](#) to see the latest in current openings!



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Northwest Chapter messages.