



**NORTHWEST
CHAPTER**

October Newsletter

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- Engagements
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PRESIDENT'S MESSAGE

Greetings Northwest Chapter!

Do the kids have their costumes? Is your Halloween stash of candy ready for Trick or Treaters? Halloween is one of my favorite holidays and with Halloween on a Friday, I'm trying to figure out when and how I'm going to carve my pumpkin this year. Please make sure anyone out after dark is visible – high viz clothes, flashlights, light up necklaces, whatever it takes.

The Regional Operating Committee (ROC) was the end of September. Paul Gamalgaard, Chris Flegel, and I attended. It was a great opportunity to share information with other Chapters and bring back a few ideas for our Chapter. The Northwest Chapter is planning to host the ROC in the Fall of 2026.

As we celebrate Halloween and begin to transition into winter, it has me thinking about our PDC on February 17...are you interested in presenting or do you have a suggestion for a great presenter? To help broaden the speakers, the PDC committee will be putting out a call for speakers.

Do you travel for work or do you want other opportunities for meetings? The Region V Website has other Chapters' meetings listed. So, if you find you are

in Johnston, Iowa on November 3 and want to learn about hexavalent chromium, you could attend the Hawkeye Chapter's technical meeting. You can find all of the [Region V meetings here](#). Of course, our meetings are the best – we offer virtual and in person...and you can still sign up for the bundles (a 50% discount)!

Our November 11 meeting is on “**Doing Right By Safety – Ethics in the Workplace.**” Not only does this qualify towards ethics credits, but we have Adele Abrams presenting. Adele has over three decades of legal experience, with a significant focus on occupational safety and health, and employment law. She has expertise in OSHA and MSHA, has been very active in ASSP for years and is a dynamic speaker (but you have to keep up with her; she was a radio disc jockey). The meeting will be held at Marsh & McLennan in Golden Valley. We hope to see you in person or remotely – this is truly a great opportunity to hear from a national leader. You can [register here](#).

As always, if you have any questions or concerns about the Chapter or ASSP in general, feel free to reach to me at president@northwest.assp.org

Carol Keyes, CSP

Chapter President



UPCOMING EVENTS


Northwest Chapter November Meeting: Doing Right By Safety, Ethics in the Workplace

When: November 11

Where: Marsh & McLennan Agency or Virtual

Time: Registration & Meal 11:30a to 11:50a | Chapter Announcements 11:50a to 12:00p | Speaker 12:00p to 1:00p

[Register Here](#)



You're invited to the

November Chapter Meeting

Topic: Doing Right by Safety: Ethics in the Workplace

Guest Speaker: Adele L. Abrams, ASP, CMSP and Attorney

In this session, Adele will guide Environmental, Health, and Safety (EHS) professionals through the complex landscape of workplace ethics—highlighting real-world scenarios where ethical choices directly impact safety, regulatory compliance, and organizational integrity. Attendees will gain practical tools for identifying ethical dilemmas, understanding their legal implications, and fostering a culture of accountability.



- November 11th 2025
- Starts at 11:30 am
- Marsh
6160 Golden Hills Drive
Golden Valley, MN 55416

RSVP & Information

🌐 Visit our website at:
<https://northwest.assp.org/events>



NORTHWEST CHAPTER

[Register Here](#)

SAVE THE DATE



Professional Development Conference

Tuesday, February 17, 2026

Minneapolis Marriott Northwest
Brooklyn Park, Minnesota

Mark your calendar for a full day of learning, networking, and professional growth.

More details and registration information coming soon!

Be on the look out at: <https://northwest.assp.org/event/>



Chapter Meeting Discount Bundle – 50% Off

Whether you attend the meetings virtually or in-person, we have a package for you. The Northwest Chapter is offering a meeting bundle: Seven meetings (does not include the joint meeting in January with UMS-AIHA or the February Professional Development Conference) for \$70 if you attend in person or \$35 for the virtual bundle. That is a 50% savings if you attend all meetings.

Bundle registration are built in as a ticket purchase option within event Chapter Event Registration page for October, November and December. Depending on your selection on in-person or virtual, you will be charged the respective amount and you will bypass needing to pay for future events for that Chapter year. This option went live on August 13.

Once you pay, you will receive a discount code to use when you register for each meeting. To claim CEUs for each meeting you must register and attend the meeting.

The discount will be available through December, which is still a good deal.



NORTHWEST
CHAPTER

2025-26



DISCOUNTS



VIRTUAL BUNDLE:
\$35



IN-PERSON BUNDLE:
\$70

What's included?

Seven meetings (does not include January joint meeting with UMS-AIHA or February PDC)

How does it work?

Once you pay, you get a discount code for the seven meetings.

What's the catch?

You still have to register and must attend to get CEUs for each event. CEUs issued separately for each meeting attended*.

DISCOUNT AVAILABLE THROUGH
December 2025

<https://northwest.assp.org/>

*CEUs will be applied for each meeting

2025-2026 Chapter Event Schedule

We have all our engagements planned for the upcoming Chapter year. Please see below for our events and mark your calendars now.

[Check out our registration page.](#)



ASSP Northwest Chapter 2025-2026 Chapter Event Schedule

Event Date:	Topic:	Speaker(s):	Location:
September 9 th	MN OSHA Update: Regulatory Refresh & What's Next	Jim Krueger, Director of Minnesota OSHA	McGough 2737 Fairview Ave N., Roseville, MN 55113
October 14 th	Next-Gen Safety: AI for Smart EHS	Robert McIntosh, M.S. Digital Strategy & Marketing Leader for College of Science & Engineering at the U of MN	Acme Tools 1271 Town Centre Dr. Eagan, Mn 55123
November 11 th	Doing Right by Safety: Ethics in the Workplace	Adele L. Abrams, Esq., ASP, CMSP Law Office of Adele L. Abrams P.C.	Marsh 6180 Golden Hills Drive Golden Valley, MN 55416
December 9 th	What's that Smell? Industrial Hygiene Made Simple	Cathy Howde, CIH, CSP, Resilient EHS	MN Safety Council Inc. 474 Concordia Ave., Saint Paul, MN 55103
January 20 th 11 am – 1 pm	<i>Joint Meeting with AIHA</i> Cleared for Safety: Guarding those Who Guard Us	Matthew Monjes, Occupational & Weapons Safety Manager	Air National Guard 133 rd Airlift Wing located at MSP International Airport
February 17 th	Professional Development Conference (PDC)		
March 10 th	From Near Misses to Meaningful Change: Harnessing HOP to Learn & Improve	Nikki Knapp, CSP, HOP Champion, Senior Safety Business Process Analyst with ALLETE	The Builders Group 2919 Eagandale Blvd Ste 100, Eagan MN 55121
April 14 th	Student Paper Presentations	Chapter Student Members UW-Stout & Duluth	The Builders Group 2919 Eagandale Blvd Ste 100, Eagan MN 55121
May 12 th	Stay Current: NFPA 70E Essentials for a Safer Workplace	Kamron Allpour, QSSP	The Builders Group 2919 Eagandale Blvd Ste 100, Eagan MN 55121

*Some schedule planning details are subject to change; dates and times will remain the same.

Registration is now open for the 28th annual AIHA UMS Fall PDC!

Thursday, Nov. 13, 2025 8:00am-4:30pm

[Bunker Hills Event Center](#), Coon Rapids, MN

Join us in a new venue for an exciting day of learning and networking. Hear from AIHA President Bradley King as he shares the latest updates from National, and gain valuable insights from industry and state experts on pressing topics like wildfire response, the intergenerational workforce, artificial intelligence, and MNOSHA.

More event details and speaker schedule are available on the [event page](#).

Even more reasons to attend:

- 6 hours of CM points
- Support the AIHA UMS [John Pendergrass Memorial Scholarship](#)
- See old friends and network with industry professionals

[Register today!](#)

ENGAGEMENTS

Check Out the UMD MEHS Student Section's Recent Engagements

SEPTEMBER, 2025 ASSP DULUTH STUDENT SECTION



Altec Tour

Our class had the opportunity to tour the Altec Duluth warehouse with Professor Alanna Lee and Safety Director Anders Voss, a proud graduate of the UMD MEHS program. Anders walked us through the facility and highlighted the safety measures and techniques the company uses each day to protect its employees and maintain a safe work environment. It was a valuable experience that allowed us to see his growth within the company and how the concepts we discuss in class are applied in real world settings, making the connection between our coursework and professional practice even stronger.



Fit Testing

In our Industrial Hygiene class with Professor Jean Cranston, we had the privilege of hosting Andrew Kimball, Research Safety Professional 3 from UMD's safety program. Andrew not only demonstrated and taught us about both qualitative and quantitative fit testing, but he also shared valuable insights from his career in the field of safety. His presentation gave us a deeper understanding of how these practices protect workers on the job and opened our eyes to the wide range of opportunities available in the safety and health profession.

MSC Safety Day

Our class had the chance to attend the 2025 Northeast Regional Safety Day in Duluth, hosted by the Minnesota Safety Council. The event brought together business leaders and safety professionals from across the region, giving us a great opportunity to network, hear about critical workplace safety topics, and see how industry experts are advancing safety programs. It was an inspiring experience that allowed us to connect with professionals in the field and better understand how the practices we study in class are applied on a larger scale.



Engagement at Career Days

The Northwest Chapter is engaging in career days at various high schools and at one college (Gustavus Adolphus) and we are currently seeking additional opportunities to get our message out, relative to the great careers available in EHS. Our mission is of dual nature: encourage students to participate in Chapter-affiliated college and university programs, such as those at Stout, UMD and U of M Minneapolis (via student section membership) and also raise the awareness of student counselors and faculty, about the opportunities in EHS. We welcome the participation of alumni of educational institutions within the Chapter - either as a source of referrals, and/or to directly participate in such events.

Member Get a Member Program

When a new full member lists a current member as their referring member in the membership application, the referring member gets the credit and is eligible for prizes at different thresholds. The prizes are outlined in the link below as well as a refer-a-friend tool with some suggested messaging to new potential members. Members typically refer their own colleagues, friends, and associates in safety to become members.

<https://www.assp.org/membership/member-get-a-member>

Chapter Board Meetings - Guests are Invited!

Did you know your Northwest Chapter Board meets monthly to manage Chapter affairs? These meetings usually take place prior to the regular monthly programs and are open to all Members. It is possible to attend these meetings in person or via a conference call. Observing these meetings is a great way to get an inside look at what it takes to be an ASSP “Platinum Chapter”. It is also a good way to learn more about the various Chapter leadership positions and get involved!

If you have never been to a Board Meeting and want to check it out, come early to the location for the monthly Chapter Program and join us. If you want to attend the Board Meeting via conference call, please contact a member of the board to get a unique login credentials.

Mentorship Corner: Need Some Help or Do You Want to Help?

Sometimes, ASSP members encounter difficult matters that transcend and/or may lie outside the professional literature, their coursework, and experience. The chance to discuss creative solutions and resources (on a confidential basis), with a Chapter mentor can often be helpful.

On the other side of the coin, seasoned professionals, in their roles as mentors can gain significant benefit from knowing that they have helped a mentee negotiate a difficult challenge, and have had a positive impact on the safety and well-being of employee groups connected with their mentee’s workplace, and (possibly) that organization’s customers and the wider community, as well.

We invite you to explore such opportunities.

CAREER OPPORTUNITIES

Check out our [website](#) to see the latest in current openings!



If you do not wish to receive these emails, please [click here](#)
to unsubscribe from ASSP Northwest Chapter messages.

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